

Topper 4.2 Nationals – Leigh & Lowton S.C. – Itinerary

\* indicates approximate times depending upon weather conditions

Saturday 17<sup>th</sup> July

10.00 am	Registration Opens, Galley Opens for Breakfast
11.00 am	Competitors Briefing – clubhouse
11.30 am *	Fleet Launch
11.55 am	First Warning signal
12.00 noon	Start of first race – followed by second back-to-back
13.30 pm *	Fleet returns to shore for lunch
14.30 pm *	Fleet Launch
14.45 pm *	Third Warning signal
14.50 pm *	Start of third race – followed by fourth and fifth back-to-back
17.15 pm *	Fleet returns to shore at end of day's racing
17.20 pm *	Galley serves pasta for competitors
17.30 pm	Bar Opens
18.15 pm *	Bottle Boat race
19.00 pm	Evening Meal from the Galley
20.00 pm	Quiz in the Clubhouse
21.30 pm	Quiz complete – Bar will remain open for rest of evening.

Sunday 18<sup>th</sup> July

08.30 am	Galley Opens for Breakfast
10.10 am *	Fleet Launch
10.25 am	Sixth Warning signal
10.30 am	Start of sixth race – followed by seventh and eighth back-to-back
12.45 pm *	Fleet returns to shore for lunch
13.45 pm *	Fleet Launch
14.00 pm *	Ninth Warning signal
14.05 pm *	Start of ninth race – followed by tenth back-to-back
15.30 pm *	Fleet returns to shore at end of day's racing
15.40 pm *	Galley serves pasta for competitors
16.45 pm *	Prizegiving

## Galley Provision

### Saturday

Breakfast 10.00am – 11.30am

Lunch 13.30pm – 14.30 pm

Pasta 17.15pm – 17.45pm

Evening meal 19.00pm – 19.45pm

### Sunday

Breakfast 08.30am – 10.30am

Lunch 12.45pm – 13.45 pm

Pasta 15.40pm – 16.15

Drinks and Cakes until end of prizegiving

## Galley Example Menu (subject to change)

### Saturday Lunch:

Lasagne

Chicken Burger with chips

Jacket potatoes with selection of fillings

Baguettes

Cakes

### After sailing

Pasta

Cakes, drinks

### Saturday Evening:

Chicken wrapped in bacon, stuffed with leeks & cream cheese, salad, chips or new potatoes

Braised steak in ale, chips or new potatoes, peas

Salmon parcel, new potatoes, salad.

Dessert: Selection of homemade cheesecakes, tarts, cakes

### Sunday Lunch

Plate meat pie & chips

Mexican chicken pancakes

Baguettes

Jacket potatoes with selection of fillings

### After sailing

Pasta

Cakes, drinks